

FROM THE MANAGER

By Elvira Hallinan Interim Manager of Marinas and Beaches

It's time for an Alamitos Bay Marina Rebuild (Project) update. By the time you read this letter, the City Council will have approved the allocation of \$10,900,000 for Phase 5 of the Project. Phase 5 includes the demo and reconstruction of Basin 2, Docks 11, 12, 13 and 14, which includes docks, piles, gangways and dredging. Those of you currently residing on these docks will receive a letter with your reassignment later this month. Thank you to everyone who completed their inspection, we acknowledge that the timing is not ideal (summer), however, it is one step closer to new docks!

As presented at the City Council meeting on April 15, 2014. Tidelands received a net of \$10,900,000 from the Marina Fund between 1988 and 1996, which has been returned as authorized by the CA State Lands Commission on June 19, 2014. In addition, the Department of Parks, Recreation and Marine is working with the Department of Financial Management, a financial advisor, bond counsel and an underwriter on a market study, financial projections and debt capacity necessary to determine the Marina Fund's credit rating for the issuance and sale of bonds. At present it is believed that the Marina Fund can issue bonds for \$34 to \$40 million. A copy of the Council presentation can be found on the Marine Bureau website.

If you have additional questions, feel free to call the Alamitos Bay Marina office.

ANNOUNCEMENTS

Let's Keep the Docks Clean

The calendar says summer is coming to an end, however, we are so fortunate living in Southern California that we have sunshine almost year round. It is nice to see so many of you on the docks enjoying your boats. As the summer calendar comes to a close and winter approaches it is important that all the toys and gear get put away. Our marina rules and regulations allow up to 200 pounds in the dock box and prohibits the storage of items on the fingers. We will begin to aggressively enforce these rules. If we see a dock box that appears to be causing a problem due to its weight, we may request that you meet us at the slip and see what you are storing in the dock box. In addition, we will be red-tagging unauthorized items on the docks. If you received a red tag please take care of the problem and avoid it being impounded. I trust that you understand that this is for the good of the marina. If you have questions or need clarification, please feel free to stop by the office and pick up a copy of the rules and regulations or visit our web site lbparks.org.

Labor Day

Labor Day, the first Monday in September, is traditionally looked upon as the "End of Summer," although the summer weather here in Southern California lingers on. Labor Day is actually a creation of the labor movement and is dedicated to the social and economic achievements of American work-

ers. It constitutes an early national tribute to the contributions workers have made to the strength, prosperity, and well being of our country. It is appropriate, therefore, that the nation pay tribute on Labor Day to the America worker. We hope you will be enjoying the waters this Labor Day, and please remember to always practice safe and responsible boating.



In This Issue

TIDE CHART

September 2014

	LOW TIDE				HIGH TIDE			
Date	AM	Ht	PM	Ht	AM	Ht	PM	Ht
1. Mo	7:13	2.4	10:05	1.4	2:31	3.2	2:16	4.9
2. T	8:29	2.7	11:28	0.9	4:39	3.1	3:36	5.0
3. W	10:20	2.8			6:14	3.4	4:57	5.3
4. Th	12:28	0.4	11:47	2.5	7:04	3.8	6:04	5.7
5. F	1:15	-0.1	12:50	2.0	7:42	4.3	7:01	6.1
6. Sa	1:57	-0.4	1:43	1.5	8:17	4.8	7:53	6.4
7. Su	2:36	-0.6	2:31	0.9	8:52	5.2	8:41	6.5
8. M	3:14	-0.6	3:19	0.5	9:28	5.6	9:28	6.4
9. T	3:52	-0.4	4:06	0.2	10:04	5.9	10:15	6.1
10. W	4:29	0.0	4:55	0.1	10:41	6.1	11:04	5.6
11. Th	5:06	0.5	5:47	0.2	11:21	6.1	11:50	4.9
12. F	5:45	1.1	6:44	0.5			12:02	5.9
13. Sa	6:26	1.7	7:51	8.0	12:56	4.3	12:49	5.6
14. Su	7:15	2.3	9:13	1.0	2:13	3.7	1:45	5.2
15. M	8:28	2.8	10:44	1.0	4:02	3.5	2:58	4.9
16. T	10:16	3.0	11:59	0.9	5:51	3.6	4:24	4.8
17. W	11:46	2.8			6:55	3.9	5:40	4.8
18. Th	12:52	0.7	12:44	2.5	7:33	4.2	6:36	5.0
19. F	1:31	0.6	1:26	2.1	8:01	4.4	7:20	5.2
20. Sa	2:02	0.5	2:00	1.8	8:25	4.6	7:57	5.3
21. Su	3:29	0.5	2:31	1.4	8:46	4.8	8:31	5.3
22. M	2:53	0.6	3:02	1.2	9:07	5.0	9:03	5.3
23. T	3:17	0.7	3:33	0.9	9:29	5.2	9:35	5.2
24. W	3:40	8.0	4:05	8.0	9:51	5.4	10:08	5.0
25. Th	4:04	10.1	4:40	0.7	10:16	5.5	10:44	4.7
26. F	4:29	1.4	5:18	0.7	10:42	5.5	11:24	4.4
27. Sa	4:55	1.7	6:02	0.7	11:12	5.5		
28. Su	5:23	2.1		8.0	12:11	4.0	11:46	5.4
29. M	5:57	2.4	8:06	0.9	1:14	3.6	12:31	5.2
30. T	6:48	2.8	9:30	0.9	2:46	3.4	1:34	5.0

IMPORTANT PHONE NUMBERS

Long Beach Police Marine Patrol Emergency 911 or 9911 (Dock Phone)

Non Emergency

Shoreline Office (562) 570-4950 **Alamitos Bay Office** (562) 570-3215

Rainbow Harbor Office (562) 570-8636

Maintenance During working hours (562) 570-1582

After office hours (562) 570-3101

(562) 435-6711

Upcoming Activities

Tiki Beach Festival

August 23 & 24 For more info call Fred Khammer (562) 477-6820

Labor Day

September 1

Lobster Festival

September 5 - 7 Rainbow Lagoon For more info: originallobsterfestival.com

Belmont Shore Car Show

September 7 9am - 3pm For more info: belmontshore.org

Long Beach Marathon

October 12

For more info: runlongbeach.com



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Shoreline Yacht Club

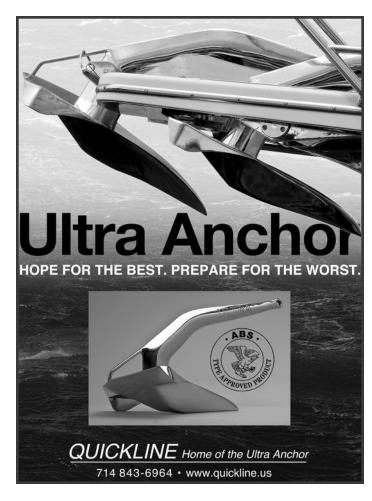
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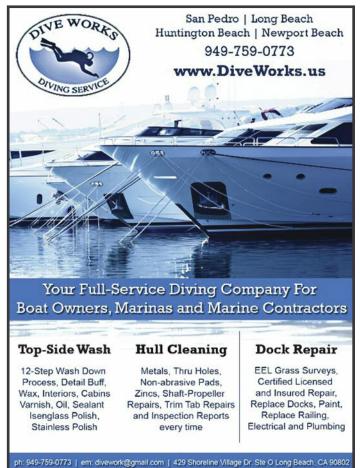
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COASTAL CLEANUP DAY 2014

WHAT IS COASTAL CLEANUP DAY?

Every year, on the third Saturday in September, people join together at sites all over California to take part in the state's largest volunteer event, California Coastal Cleanup Day. In 2013, over 58,000 volunteers removed almost 750,000 pounds of trash and recyclables from California's beaches, lakes, and waterways. The event is part of the International Coastal Cleanup, organized by the Ocean Conservancy, which is the largest volunteer event on the planet!

WHY ARE BEACH CLEANUPS IMPORTANT?

Vast amounts of plastic debris litter the world's oceans causing harm and most of this debris comes from land. Our beaches are collecting spots for trash from city streets and highways. Trash travels - via inland waterways, storm drains, sewers, and on the wind, and eventually ends up on the coast. If not removed, this debris will end up in the ocean. Beach cleanups are a last line of defense - to prevent debris from causing harm to our oceans, to wildlife, to our coastal economies, and even to beach-goers.

WHAT IS MARINE DEBRIS?

Marine debris is defined as "any manufactured or processed solid waste material that enters the marine environment from any source." Debris is everywhere—found around every major body of water on the planet, and below water as well. Marine debris is a global pollution problem that impacts human health and safety, endangers wildlife and aquatic habitats, and costs local and national economies millions in wasted resources and lost revenues.

Many people assume that if trash exists in the ocean, it must be the fault of the fishing and shipping industries. But in fact, only 20% of the items found in the ocean can be linked to ocean-based sources, like commercial fishing vessels, cargo ships (discharge of containers and garbage), or pleasure cruise ships.

The remainder (80%) is due to landbased sources, like litter (from pedestrians, motorists, beach visitors), industrial discharges (in the form of plastic pellets and powders), and garbage management (ill-fitting trash can lids, etc).

A 2001 study found an average of 334,271 pieces of plastic per square mile in the north pacific central gyre, which serves as a natural eddy system to concentrate material. And debris in the marine environment means hazards for animals and humans. Plastic marine debris affects at least 267 species worldwide, including 86 percent of all sea turtle species, 44 percent of all sea bird species, and 43 percent of marine mammal species.

Marine debris harms wildlife via entanglement, ingestion of hazardous materials, and disruption of habitat.

Marine debris harms people through the spreading of pathogens and chemical pollutants via direct contact and consumption of the hazardous materials by ocean food sources. Marine pollution is also hazardous to the economic health of ocean-related industries like fishing, shipping and tourism by damaging boats, contributing to the lack of safety of beachgoers and ruining the beauty of our beaches.

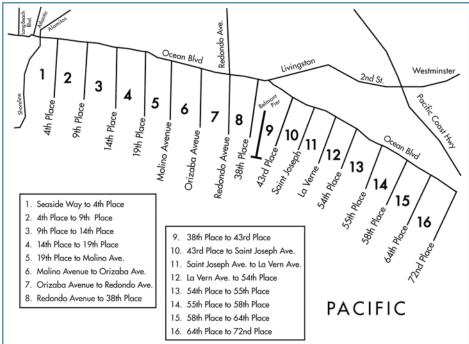
2014 COASTAL CLEANUP DAY IN LONG BEACH

This year's Long Beach Coastal Cleanup will take place on Saturday September 20 from 9:00am-12 noon. You can take an active role in keeping our coastline clean and healthy. Cleanups will take place at beaches throughout the city.

Thanks to the California Coastal Commission and the Ocean Conservancy for information included in this article.

For more information and group registration for Coastal Cleanup Day events in Long Beach, call: (562) 570-4876.

MAP OF BEACH LONG BEACH CLEANUP SITES



POOP POLLUTES!!!

Once or twice a year we are forced to remind boaters of the poop rules. First, there are two kinds and we hope they are no confused. Poop rules apply to animals: both human and dog.

Last week we almost jumped a boater. He was calmly walking his pooch in the marina on a leash. All O.K. Until



we noticed the pooch was pooping and the owner was totally ignoring the pet. He had no pooper scooper, bag or paper towel in evidence.

We screamed to a stop and informed the man that there was a rather substantial fine for not picking up after his pet. Furthermore it's just plain disgusting for the rest of the marina residents.

The second poop polluter is ever worse. – humans. It takes just one boater flushing untreated sewage in our waters to produce the same amount of bacterial pollution as 10,000 people whose sewage passes through a treatment plant. Not that's really gross.

We know that 99% of all boaters never do these two horrid things. However, if you see or know of a neighbor that is, please call the office. Everyone wants to enjoy the marina and we can if we work together. It's not often that close to 4,000 people have to share two rather close areas and it's really up to everyone to help stop the abusers. Poop abusers are really gross!!!

BOATER'S RECIPE Pressed Picnic Sandwiches

PREPARATION TIME: 4 HOURS SERVES: 9-12 SANDWICHES

These sandwiches can be thrown together relatively easily Pressing the sandwiches down over night allows all of the flavors in the sandwich to develop and permeate into one another. These can be cut these into small squares so that they are easy to eat and travel well for easy enjoyment by your guests out at sea!

INGREDIENTS

1 large loaf of ciabatta bread, sliced lengthwise

3-4 tablespoons fresh pesto

1/4 lb. sliced Italian dry salami

3-4 slices prosciutto

3-4 slices provolone cheese

3-4 slices mozzarella cheese

6-8 basil leaves, washed and patted dry plastic wrap, for wrapping the sandwiches

INSTRUCTIONS

- 1. Slice the ciabatta bread lengthwise, so that there is a top and a bottom slice. Spread 3-4 tablespoons of fresh pesto over the bottom piece of bread. Don't use so much that the bread becomes soggy.
- 2. Top the pesto with the Italian dry salami, then the prosciutto, then the provolone and mozzarella cheese. Top the

cheese with your basil leaves, then place the top of the bread on the sandwich. Press down on the sandwiches with your hands, then very tightly wrap them in plastic wrap (as tight as you possible can). Place the sandwich in the fridge and top with lots of heavy books, a weighted down pot or pan, or whatever other heavy objects you can find. A suggestion is 3 very heavy books, then put a 10 pound hand-weight on top of those, and let them sit in the fridge overnight - up to a full 24 hours, but even just 3-4 hours will work. With plenty of weight applied, you will be left with beautifully pressed sandwiches.

3. When you are ready to eat, unwrap the sandwiches and use a very sharp knife to cut the sandwich into 9-12 small sandwiches, depending on how big you want them to be. After being sliced, these will keep well in an airtight container for up to 2 days.

